



A Psychic & Wellness Fair  
Shilo Inn Ballroom

# Welcome to the Ocean Shores

## Body & Soul Festival!

We are glad that you are here....If you've never been to a psychic and wellness fair before, here are *10 Tips for a Good Reading* courtesy of the National Spiritualist Association of Churches:

1. **RELAX:** Put your mind at ease. Seek a Medium's help at a time when you are relaxed and undisturbed.
2. **HAVE PATIENCE:** Allow the Medium to proceed in his/her manner. Don't expect your first problem to be discussed at once.
3. **BE FAIR:** Let the Medium know when he/she is correct. Don't try to confuse the Medium.
4. **EXPECT GOOD:** Skepticism, demanding proof, arguing or wanting things done in a certain way only leads to failure.
5. **BE WILLING TO VERIFY:** Spirit often manifests by name, but evidence comes in many ways as well; like descriptions, relationships, simple tests, etc.
6. **WAIT:** You will soon understand. Don't be too quick to say no.
7. **GUIDANCE** is the keynote. Prediction is always possible, but you have the free will to make changes. The true value of a reading is not always measured by the prophecy.
8. **EXPECT TRUTH:** A good reading will explain the philosophy of right living. Mediumship IS NOT fortune telling.
9. **EVERY MEDIUM** has his/her own unique way. It isn't fair to compare the abilities of one Medium with another.
10. **THE MEDIUM** realizes when Spirit is gone. DON'T try to prolong a reading."

So explore, relax and enjoy!

Love & Light

Turena



### **Armonia Jewelry**

[www.artfire.com/users/missy0345](http://www.artfire.com/users/missy0345)

(425) 971-5359

[missy0345@yahoo.com](mailto:missy0345@yahoo.com)

Jewelry to heal the spirit.



### **Aura Imaging Aura Photos and Reports/Jeanie Butler**

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[youraura@bentonrea.com](mailto:youraura@bentonrea.com)

The Aura is the colorful electromagnetic field that surrounds every living being. Once we find the colors that make up your Aura, we can use it to learn more about your thoughts and emotions as well as your current state of mind. Everyone has an Aura and everyone's Aura is unique!



### **Beverly Bryant**

[tarotreaderbev.vpweb.com](http://tarotreaderbev.vpweb.com)

[bev.bryant@verizon.net](mailto:bev.bryant@verizon.net)

(425) 238-7894

Bev has been reading Tarot cards for over 12 years. She fell in love right away with the mysteries and secrets of the Tarot. Along with being self taught, she has studied with some of the most prominent readers in the area.



### **Black Bear Energetics**

[www.blackbearnenergetics.com](http://www.blackbearnenergetics.com)

Kathy Seratt CYMP, CMEP

(503)786-4514

[blackbearnenergetics@yahoo.com](mailto:blackbearnenergetics@yahoo.com)

Energy Healer using Yuen Method and Matrix Energetics. Matrix Energetics is a new idea that is supported by modern physics, subtle energy physics, quantum physics. The Yuen Method of Chinese Energetic Medicine is an energetic healing technique that blends anatomy, physiology, applied kinesthetics, structural analysis, chiropractic and quantum physics to produce radical, often instantaneous, healthy changes in a person on all levels of being: physical, mental, emotional, psychological, psychic, spiritual and beyond.



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### **Dena Marie**

www.Dena-Marie.com  
(425) 350-5448  
dena@dena-marie.com



Author, Reiki Master, and Reader. Dena will be doing chakra tune ups and readings with crystals. Her new book is "Our Energy Matters."



### **Dolly Mae Author/Spiritual Intuitive**

www.dollymae.com  
1-877-CHOZ JOY (1-877-246-9569)  
dolly@dollymae.com

A leading voice in the world of contemporary spirituality, Dolly Mae reveals secrets about how to create wealth, embrace change, manage emotions and access intuitive gifts. Using her down to earth methods to find Joy on the journey will change your life. A worldwide speaker, she is a frequent guest on TV and talk radio. She is known for her fresh, straightforward, humorous approach. With her dynamic personality and powerful message, she never fails to inspire and electrify her audiences.



### **Dynamic Duality/Center for Energy Healing**

www.dynamicduality.com  
(360) 264.5212  
dynamicduality@earthlink.net

Our program uses earth and spirit energies to deepen awareness of our whole selves and to develop and deepen skills that promote profound healing for self and others. Through developing subtle body awareness, intellectual understanding, and grounded presence, our students develop the wisdom to use powerful energy healing skills safely and with confidence, competence and integrity. Self-healing is the foundational skill on which all other skills rest—you can't heal another beyond the places you've healed yourself.



### **GIA Wellness**

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The TerraGIA™ Line of 'Inspired Energy' Products - powered by a patented noise-field technology and a proprietary subtle energy technology, and combined into the wellness breakthrough called GIAplex™, are your solution to effectively counteract the effects of electropollution exposure.



### **Heal Reconnect Evolve**

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Reconnective Healing® is a totally life-changing experience. It's a whole new spectrum of universal frequencies that allows for healing



on all levels – physical, emotional, mental and spiritual. The Reconnection® is a once-in-a-lifetime experience. The Reconnection® brings in “new” axiatonal lines that enable you to tune in to unique vibratory levels and frequencies for healing and evolution.

## **J and L Designs**

### **J and L Designs**

(253) 922-6202  
jandldes@msn.com

jewelry, Wands, and Art



### **Kristine Soliday**

www.energylighthouse.com  
kristine@energylighthouse.com  
(360)367-0850

Kristine's strongest desire is to help others on their own spiritual quest, to find the answers to their life's purpose, to work through the blocks to achieving health, vitality, passion, joy and abundance in all areas of life. Let her help light your path today. You deserve to be happy. Just remember, life is supposed to be fun. We are all brothers and sisters, so let's play nice in the sandbox together and work as a team to make this world amazing for everyone.



### **Linda Jollo/Rapid Recovery**

www.lindajollo.com  
(425) 753-5510  
catcherbadger@yahoo.com

On an in-office as well as a traveling out-call basis, Linda offers a wide variety of gentle and effective services to ease pain, reduce tension and facilitate healing. Therapeutic Massage and other Energetic Healing techniques can accelerate healing and improve overall health and well-being. Linda Jollo specializes in: Acupressure / Acutonics, Reiki Energy Healing, Thought Field Therapy®, Swedish Relaxation, Myofascia Release... and many other Techniques that reduce stress, treat imbalances, relieve pain, and accelerate healing.



### **Lou J Free's ShowCase**

www.loujfree.com  
TexasWind9@aol.com

Lou J Free: works internationally to read for groups or private sessions to bring information through to change your life. Whether you need answers to career direction or how to stay healthy or to find out 'is this the one I am supposed to be with,' messages will come to you. "My purpose in acting as a 'communicator' by bringing information through, is to open the awareness to another dimension. You can learn to develop your psychic sense. I am the catalyst to help you listen to your Guides and Angels."



**Michael Gershman RN, BCH**

[www.facebook.com/people/Michael-Gershman/100001035036435](http://www.facebook.com/people/Michael-Gershman/100001035036435)  
(360) 289-1473

Michael Gershman RN, BCH specializes in Medical Hypnosis for weight loss, quitting smoking, and pain management. Michael has also guided several thousands of Past Life Regressions, teaches Reiki, Tarot, Hypnosis, and a variety of other therapeutic techniques both here in Ocean Shores and in the Seattle area.



**Michelle Mahler**

[www.circleofhealingessences.com](http://www.circleofhealingessences.com)  
(425) 210-2532  
michellebelle70@hotmail.com

Healing Essential Oil Products

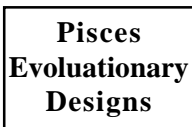


**Personal Power Pyramid**

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darciatpeace@comcast.net



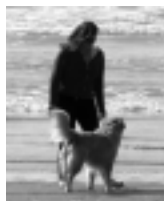
An intuitive since childhood, Darci has been reading cards for 34 years. She uses her gifts of Sight, Sound, and Sensitivity to bring Wisdom, Knowledge, Understanding, Truth and Healing to those seeking guidance. She is also a "Spiritual Touch Healer", Minister, Lecturer, Author, Workshop Leader and Facilitator of "Darci's Destiny Gems".



**Pisces Evolutionary Designs**

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**PureJoy**

[www.pure-joy.org](http://www.pure-joy.org)  
(253) 223-7196  
sarajoy@pure-joy.org

SarahJoy is an experienced Holistic Health Practitioner. She is certified in a number of therapies including Reiki, massage, aromatherapy, reflexology, and personal health and fitness. Her spiritual disciplines include Rune reading, palmistry, Lightbody activations, medium ship, and spirit animal retrieval.



### **Reed Acupuncture & Oriental Medicine LLC**

[www.reed-acupuncture.com](http://www.reed-acupuncture.com)

(866) 552-8127

[doris.reed@reed-acupuncture.com](mailto:doris.reed@reed-acupuncture.com)

Doris Reed, L.Ac., practices Traditional Chinese Medicine in Aberdeen, Washington. She uses any combination of acupuncture, Chinese herbs, Acutonics and Feng Shui to help her clients experience balance and well-being. She treats many conditions including chronic pain, digestive issues, smoking cessation, and insomnia.



### **Shawn McElhinney, Fine Art**

(360) 360-0471

[mcelhinney@comcast.net](mailto:mcelhinney@comcast.net)

Shawn will be showcasing his unique style of artistry in the medium of original oil and acrylic paintings. Commissioned works of art are available upon request. Stop by his booth to talk with the artist and take in the fun spirit and great energy of Shawn and his work.

### **Surfside Nails and Spa**

### **Surfside Nails and Spa**

[www.surfsidenailsspa.com](http://www.surfsidenailsspa.com)

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[surfsidenailsspa@gmail.com](mailto:surfsidenailsspa@gmail.com)

Day Spa in Ocean Shores offering Reflexology, Massage, Hot Stone, Cranial Sacral Treatments, Raindrop Therapy, Manicures, Pedicures, and a full array of Hair Services. A great place to come Relax, Rekindle, and Rejuvenate.



### **Teresa Carol**

[www.teresacarol.com](http://www.teresacarol.com)

(253) 475-6005

[teresacarol@juno.com](mailto:teresacarol@juno.com)

An instructor of self-help and psychic development classes, Teresa has been interviewed for television, radio & newspapers in Canada, Mexico, Peru and the United States since 1985. A Washington State Registered Counselor, Teresa holds degrees in Social Services, Chemical Dependency Counseling & Cross Cultural Psychology. She is an investigator of Paranormal Phenomenon, Minister of the Universal Life Church, and has been featured on "You Are the Source", Evening Magazine and in Oxford University's Who's Who of Extraordinary People.



### **Zara Angel**

[www.zarasangels.com/ZARAs\\_Angels](http://www.zarasangels.com/ZARAs_Angels)

(425) 741-9752

[zarasangels@gmail.com](mailto:zarasangels@gmail.com)

Zara Angel is an Intuitive Psychic Medium who channels Archangel Michael, ZARA sees clients and teaches classes both in her Ocean Shores home and in Lynnwood. In addition to Psychic Readings and Spiritual Life Counseling, she also teaches Reiki, Tarot, and Hypnosis.

# The Voice of Choices

Celebrating Life

Life is about Choices.  
Every day you have the opportunity  
to choose how you will create your life  
how you will move forward on your path.

What will you read?  
What will you believe?  
What will you eat?  
How will you care for  
your body, mind and spirit?

The Voice of Choices brings you inspiration  
and information from local writers  
AND nationally recognized experts.

Every article contains a gift  
which can assist you in  
creating your best life.

Choose to discover  
what works for you

Choose  
The Voice  
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